

APRIL NEWSLETTER



AUTISM AWARENESS MONTH

World Autism Day is February 2nd. In the month of April, we show our support for autism awareness. Autism spectrum disorder is a fast-growing developmental disability in the United States that can cause social communication and behavioral changes. "One in 54 children have been identified with autism spectrum disorder (ASD) according to estimates from CDC's Autism and Developmental Disabilities Monitoring (ADDM) Network." Autism occurs in all racial, ethnic, and socioeconomic groups and is four times more common among boys than girls.

Building an Understanding of Autism is important as a society. Over 99% of people say that they have heard of autism but do they know what being autistic really means? Even though the concept and understanding of it has grown throughout the years millions still think damaging and misleading things about people on the spectrum.

Almost 6 Million people think that autism is a curable condition, a mental illness, or that you can grow out of autism and this is not the case. Both adults and children can be autistic making it hard to interact with others and understand the things around them. Watch this video to hear what these autistic people and their families would like for the public to know about autism. [Click Here.](#)

Autism Speaks is hosting an Atlanta Walk in partnership with the Marcus Autism Center on October 10th, 2021. You can register now or donate by clicking [here](#). "Our strength as a community is powered by love and built on the commitment of individuals like you. Start a team, join a team or come walk on your own. Walk and fundraise together to enhance the lives of people living with autism." Autism Speaks has a goal to reach \$375,000.

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DEATH AND TAXES

Can you believe Tax Day is an actual holiday? Falling on April 15, Tax Day serves as a deadline for Americans to file their income tax details to the Internal Revenue Service (IRS). However, if the date is on a weekend it will be pushed to the following Monday. Filing taxes is usually done once a year in which income, expenses, and other crucial financial information is reported. Their tax return will be scheduled to receive a payment for the taxes they have paid!

According to National Today:
27% of Americans spend their tax returns to pay off debt
24% save
13% treat themselves
11% spend it on necessities
10% use it for big purchases
8% pay for vacations
and 3% buy gifts

Although Tax Day is a holiday, it does not include the perks of having a day off unfortunately. However, post offices are open until midnight to help with mailing tax returns which is surprising considering post offices usually close early! Tax on one's behalf can be done digitally which is quite easier. In fact, 1 in 5 Americans use technology to file their taxes. It is estimated that the average person works for the first 100+ days of the year to pay their income taxes. Filing taxes can be stressful, making it a holiday that many people dread!

Federal income tax is not the only tax Americans have to pay. There are also social security tax, sales tax, property tax, alcohol tax, tobacco tax, gambling tax, and excise tax. Some states like Wyoming, Washington, Texas, South Dakota, Nevada, Florida, and Alaska do not charge a state tax on top of the federal income tax. Well-known words from Albert Einstein himself states, "The hardest thing in the world to understand is the income tax." This explains why 27% of Americans pay someone to do their taxes for them. Nonetheless, everything sails smoothly when it is done beforehand!

VIEW ALL

STUDENT SPOTLIGHT



DALILA THOMAS
UB POLK

Dalila is a sophomore at Cedartown High School. This month, we are congratulating her on being accepted to both the CNA and Phlebotomy programs at school! Dalila has been working all year to achieve remarkable grades to help her realize her dream of becoming a Trauma Surgeon. Her interest in human and health services actually started a few years ago when her younger cousin hurt her knee! Since then, Dalila has been passionate about becoming a doctor, helping others, and understanding the human body. Since freshman year, she has not hesitated in asking for advice on how to stand out in college applications. We are so proud of you and we congratulate you for working towards your dream! Keep up the amazing work!

AARON BLOUNT
UBMS EPHS

Aaron is a sophomore at East Paulding High School. He has been a valuable member of the UBMS family for three years! Attending and engaging in all of the program's activities, he continues to exceed all expectations. Not only is he the Aaron hardworking and driven, but creative as well! He has recently submitted an innovative logo for the Backpack Logo Design Contest! When he has the opportunity, he plans to further explore animation. When asked how the program has helped him, Aaron stated that the resources provided have greatly heightened his learning experience and personal growth.

CYDNI TYLER
UB HIRAM

Cydni is a Junior at Hiram High School. She began her journey with our Upward Bound program this year. She shows great communication skills and is very hardworking. She has attended every Kaplan meeting and communicates with her success coach weekly. She strives to complete her monthly requirements and attends meetings for extra help. She would like to major in Film once graduated and enjoys photography, writing, traveling, art and reading. She puts in great effort and we are truly impressed with her commitment to the program. Cydni is an enthusiastic learner who is a great addition to Hiram Upward Bound.

BUILDING A FAIRER, HEALTHIER WORLD: WORLD HEALTH DAY 2021

World Health Day, which is observed on April 7th, is an event created by the World Health Organization that highlights meaningful health topics each year. Since its implementation in 1950, World Health Day aims to spread awareness of important health issues like mental health, maternal and child care, and climate change. In 2021, the World Health Organization's theme is "Building a Fairer, Healthier World," which focuses on the inequality of health care accessibility in the world.

The World Health Organization (WHO) is a United Nations agency responsible for global public health and was established on April 7th, 1948. WHO works with 194 Member States across 150 offices worldwide. WHO also has a network of hardworking ambassadors who help achieve better health for all people by sharing information, providing research, and recruiting health experts, doctors, and nurses to be stationed worldwide.

The World Health Organization promotes Universal Health Coverage, which is about making sure all people have access to good quality health care when needed without being burdened by financial hardship. As of January 2021, only 50% of the world's population cannot obtain the health services they need. To improve global health, WHO provides resources for countries to collect accurate medical data of vulnerable communities. Assessing the population's health can help the government and health agencies focus on prevalent illness and create an action plan to prevent disease. Since diseases can vary from region to region, WHO helps to ensure that needs are being met; for example, WHO provides bednets to those living in areas where mosquitoes carry Malaria.

With COVID-19 still prevalent in 2021, WHO chose this year's theme to highlight inequalities during the pandemic. Some people can live healthier lives and have more access to health care due to their conditions. There are vulnerable populations in the world who are struggling to live healthy lives because of healthcare inaccessibility. WHO is holding leaders across the globe accountable and ensures that all people live and work in conditions that do not compromise their health. By encouraging countries to work together, collect accurate medical data, tackle areas of inequities, act beyond borders, and promote steps to achieve gender equity and human rights, WHO serves as a vital resource for countries in need of improving public health in vulnerable rural and urban communities.

On World Health Day, WHO will launch a campaign plan to end unequal healthcare access and provide steps for leaders to follow. To learn more about the World Health Organization work in the world, visit their website [here](#). To learn more about World Health Day and how you can participate, click the button below.

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INSTA STORIES

We want to hear from you! Follow your program's Instagram to be the first to know about your program's events and stay up to date with KSU TRIO community news!

We will be hosting random fun trivia, polls, and challenges! We will also be our events, newsletters, take polls, and participate in random fun trivia, right on your phone! We will be showcasing our KSU TRIO staff as well so you can get to know us more! We will be posting study tips and homework resources. And of course, we will keep you in the know with all program and registration deadlines and requirements!

Follow your program's Instagram page Post a photo on your Instagram with the tag #UpwardBoundSelfieChallenge and you might be featured on our Instagram as part of the KSU UB Family! Look out for the next newsletter to see if your photo is featured!

Follow us on Instagram!

- [ubpolk](#)
- [ubms_eph](#)
- [ubhiram](#)

- Be the first to know about your program's events and KSU TRIO community news
- Participate in random fun trivia, polls, and challenges
- Learn about your Advisors, Success Coaches, and Tutors during our Weekly Staff Showcases
- Find study tips and homework resources
- Be reminded of program and registration deadlines and requirements



QUESTIONS AND ANSWERS

Where do you see the program in 5 years?

In five years, UBMS will increase its size in numbers! The program will feature more exciting events and provide much more resources. Opportunities will also be available for the students to benefit from.

What is a goal set for the program to achieve?

UBMS's ultimate goal is to equip students the skills to graduate high school and be successfully prepared for college. To help them in the near future, students are taught the value of hard work, perseverance, contribution in order to achieve academic excellence.

Why do you guys decide to work for KSU TRIO?

We decided to work for Upward Bound because of our passion to assist and help students succeed! The information we provide to students serves to effectively prepare them after they graduate high school, which would have been extremely useful if we had programs like this if we were in high school!

GAMES

To play the monthly TRIO trivia, click the button below!

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